









MEDICAL & FIRE TRAINING E-LEARNING COURSES SAFETY & SECURITY SOLUTIONS SECURITY COURSES













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WHO WE ARE?

Welcome to Safety And Security Solutions. We specialise in providing the highest standard of security courses and medical & fire safety courses available.

We achieve this by providing education and training to all areas, encouraging a proactive approach by promoting a safe and secure environment through greater safety & security awareness and preparedness.

Considerable time is spent with clients, assessing and evaluating the entire need spectrum of the business, organization, or family to develop an individualized and unique safety and security plan.

This results in a close, communicative relationship with our clients, and allows Safety And Security Solutions to provide the best results that we can in any given situation.

WHAT WE DO?

A customer focused, friendly and approachable team who are able to fully reassure clients and customers in answering any and all of their concerns and queries.

Our experience includes working for various organizations and firms in a broad spectrum of safety & security services throughout the EMEA specializing in Medical, Risk mitigation, Close Protection, and Management Systems Implementation as well as the training of NGO & HNW personnel in HEAT (Hostile Environment Operations) & PSAT (Personal Security Awareness Training) and also Health & Safety Training for Corporate, Military, Police and Prison Staff, Situational Awareness & Personal Protection for HVT Personnel.

Over 30 years' experience of working in government, corporate and domestic environments with numerous multinationals giving the team at SASS the ability to bring a solution to any and all customer concerns.

ELEARNING COURSES DISTANCE LEARNING

New to eLearning? Well, you've come to the right place! Digital-learning has gone beyond the days of PCs in a corner. Today, distance-learning content is delivered via laptops, tablets and mobile devices.

Here at Safety and Security Solutions, we offer distance learners the opportunity to enroll in both individual eLearning courses and course bundles.

















COVID-19 **BACK TO WORK**

Standard Operating Procedure for returning to work. Current Return to Work Safely Protocols published by the Department of Business, Enterprise, and Innovation, require Employers to provide a COVID-19 induction training for all workers at all levels.

CORONAVIRUS FIRST AID RESPONDER HALF DAY COURSE

The recent government mandated "Return to Work Safely Protocol" document for Employers and Employees dated 9th May 2020, states that First Aid Responders in the workplace should be provided with updated training on infection prevention and control principles including a performance of hand hygiene and appropriate use of personal protective equipment when delivering first aid.

FIRST AID ESSENTIALS 1 DAY COURSE

Upon successful completion of this course participants will gain the skills and knowledge necessary to:

- Deal with life-threatening or potentially life-threatening conditions until t he arrival of emergency medical services.
- Provide an adequate response for conditions not thought to be life-threatening but are necessary to prevent further harm before the emergency medical services arrive.
- Provide first-aid in a wide range of environments including the workplace, home and recreational settings.
- Display the requisite personal skills including composure, competence and self-confidence while understanding their limitations.

















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Safety and Security Solutions

FIRST AID RESPONDER

(FAR) - 3 DAY COURSE

The aim of this First Aid Responder(FAR) course is to provide you with the knowledge, skills and attitude to become a competent First Aid Responder.

The PHECC FAR course is the only first aid certificate recognised by the Health and Safety Authority (HSA).

The course covers all the essential aspects of Training. This course is perfect for anyone who is looking to gain emergency first aid skills leading to qualification as a First Aid Responder.

CARDIAC FIRST RESPONDER (CFR)

The Cardiac First Response (CFR) - Community Level Providers Course is designed to provide the ability to recognize several life-threatening emergencies, provide Cardiopulmonary Resuscitation - CPR, use an Automated External Defibrillator - AED, and relieve choking in a safe, timely and effective manner. A Cardiac First Responder plays a vital role in keeping a person alive until they can receive expert clinical care.

EMERGENCY FIRST AID

Our 1-day basic first aid course has been designed to cover all the core principles of First Aid. It is delivered through a mix of multi-media information and practical hands-on instruction. Participants will come away with a basic medical understanding of the human anatomy, along with practical life-saving skills. The Basic 1 day First Aid qualification attained will allow candidates to operate within the workplace as a designated First Aider.

PEDIATRIC FIRST AID

The Paediatric First Aid course is designed to provide staff working in childcare with training in First Aid for children.

This is a one day course providing childcare staff with training in First Aid for children.

















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FIRST AID FOR SCHOOLS

This 2 to 3 hour First Aid Course for schools is for Teachers and Classroom Assistants including other staff and personnel employed by the school to prepare them to deal with an emergency situation, before the arrival of medical

Course Content - Scene Safety and Scene Management - Calling the Emergency Services - Recovery position -Medical Emergencies - Choking - Diabetes - Epilepsy - Asthma - Allergic reactions / anaphylactic shock - CPR and AED use - Head injuries / concussion / compression

Fractures, sprains and strains - Wounds and Bleeding - Burns and Scalds

FIRE SAFETY TRAINING -HALF DAY COURSE

Fire Safety training is a legal requirement for all staff under the Safety, Health and Welfare at Work Act, 2005. This Basic Fire Safety Awareness Training course takes approximately 3 hours and is ideal for new staff, existing personnel who have never received formal training, or staff requiring refresher training. Here at SASS all our courses are offered in-house and venues around the country. This course will consist of a variety of lectures, practical demonstrations and student on hand training and learning.

FIRE MARSHAL/FIRE WARDEN TRAINING -1 DAY COURSE

Here at SASS solutions all our courses are offered in-house and venues around the country. This course will consist of a variety of lectures, practical demonstrations and student on-hand training and learning. This course is specifically designed to meet the requirements of both the 1981 Fire Services Act and Regulation 9 of the Safety Health and Welfare at Work Act 2005.















Safety and Security Solutions

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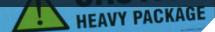
MANUAL HANDLING - HALF DAY COURSE

Here at Security And Safety Solutions, all our courses are offered in-house. This course will consist of a variety of lectures, practical demonstrations and student onhand training and learning. The course duration is 3 hours.

ABRASIVE WHEELS TRAINING

This course will instruct employees in the theory and practice of safe use of abrasive wheels to comply with the "abrasive wheels regulations 1982" (si 30 / 1982).

The focus of this course is driven towards user competence and safe workplace practices, along with a greater understanding of personal safety, attendees will also be familiarised with current legislation. It is the legal obligation of all employers to provide enough Health and Safety training to any employee that is expected to operate an abrasive wheel.



HEALTH AND SAFETY REPRESENTATIVE COURSE (SAFETY REPS) - 2 DAY COURSE

The Safety Reps is a 2 day Safety & Security Solutions accredited course which will help the participant to promote and maintain safety and health in the workplace.

The Safety Representative Course outlines the roles and functions of a Health and Safety Representative.













SECURITY TRAINING

QQI LEVEL 4 CERTIFICATE IN DOOR SECURITY PROCEDURES 4N1114
QQI LEVEL 4 CERTIFICATE IN GUARDING SKILLS (STATIC AND RETAIL) 4N1118

A blended learning approach is used to deliver the courses consisting of 100 hours of home study, first day is registration day and last day is exam day at Dublin training centre. This must be completed before examination can take place.

Successful graduates will receive: TRF Letter for PSA APPLICATION., QQI Level 4 Certificate in Guarding Skills 4N1118., **Duration**: (100 hours) first day is registration day and last day is exam day at Dublin training centre., **Certificate**: PSA Licence renewed every 3 years., **Students**: 8 - 10

PERSONAL SECURITY

AWARENESS COURSE

Topics Covered in this Course include (but not limited to):

MODULE 1: AN INTRODUCTION TO PERSONAL SAFETY AND SECURITY WITH WORKING ABROAD

MODULE 2: CYBER SECURITY

MODULE 3: GEO-POLITICAL AND SECURITY THREAT ANALYSIS

PREVENTION AND MANAGEMENT OF AGGRESSION AND VIOLENCE (PMAV)

The aim of this Prevention and Management of Aggression and Violence Course is to equip the learner with the ability to provides staff members with the knowledge, confidence and skill in recognising the early indicators, assessing and de-escalating aggressive behaviours encountered within the context of their role

This course is based on the HSE's Policy on the Prevention and Management of Work-Related Aggression & Violence 2018, their Strategy for Managing Work-related Aggression and Violence within the Irish Health Service 2008 and the Mental Health Commissions' Code of Practice on the use of Physical Restraint.

PHYSICAL INTERVENTION TRAINING (PI TRAINING)

This programme provides learners with skills and knowledge to restrict and control the movement and freedom of an individual in order to protect themselves, the individual and others from injury or assault. The primary goal is to reduce the need for physical intervention - not just to ensure such interventions are safer.

SASS's primary goal is to help its clients to reduce the use of force because physical intervention carries risk for everyone involved and can result in tragedy.













	AWARDING BODY	MANDATORY FOR EMPLOYMENT
Communications in Dementia Care	NMBI	Yes
Dementia Care	NMBI	Yes
Knowing the Person with Dementia	NMBI	Yes
Medication and the Resident with Dementia	NMBI	Yes
Nutrition and Feeding in Care Homes	NMBI	Yes
Infection Control	NMBI	Yes
Palliative Care	NMBI	Yes
Safeguarding Against Abuse	NMBI	Yes
Understanding and Managing Delirium	NMBI	Yes
Health and Safety for Managers and Supervisor	s AOFAQ	Yes
ROSPA Health and Safety	ROSPA	Yes
Manual Handling	AOFAQ	Yes
Slips, Trips and Falls	ROSPA	Yes
Hand Hygiene	AOFAQ	Yes
Fire Safety	ROSPA	Yes
CPR & AED Awareness	AOFAQ	Yes
GDPR Staff Awareness Insural	nce Institute of Ireland	Yes
Change Management	ABE	Yes
Delegation Skills	ABE	Yes
HACCP Food Safety Levels 1 & 2	ROSPA	Yes
Computer ICT Health & Safety	AOFAQ	Yes
Food Allergies	ROSPA	Yes
Managing Pregnancy in the Workplace	ROSPA	Yes











RETAIL

	AWARDING BODY	MANDATORY FOR EMPLOYMENT
Customer Service Management	AOFAQ	Yes
GDPR Staff Awareness	Insurance Institute of Ireland	Yes
Manual Handling	AOFAQ	Yes
Influencing People Skills	ABE	Yes
Basic First Aid Awareness	AOFAQ	Yes
ROSPA - VDU Workstation Ergonomics	ROSPA	Yes
Armed Robbery Awareness	ROSPA	Yes
Selling Through Customer Service	ABE	Yes
Cyber for the Home	AOFAQ	Yes
Responsible Service of Alcohol	ROSPA	Yes
HACCP Food Safety Levels 1 & 2	ROSPA	Yes
Change Management	ABE	Yes
Communication Skills	AOFAQ	Yes
Dignity in the Workplace	AOFAQ	Yes
Computer ICT Health & Safety	AOFAQ	Yes
Managing Stress for Employees	Transcend	Yes
Managing Under Pressure	AOFAQ	Yes
Fire Safety	ROSPA	Yes
Slips, Trips and Falls	ROSPA	Yes
Warehouse Safety	ROSPA	Yes
Hand Hygiene	AOFAQ	Yes
Armed Robbery Awareness	AOFAQ	Yes
Managing Pregnancy in the Workplace	ROSPA	Yes













HOSPITALITY

	AWARDING BODY	MANDATORY FOR EMPLOYMENT
Mandate Bar & Hospitality	ROSPA	Yes
HACCP Food Safety Level 1 & 2	ROSPA	Yes
Barista School Level 1	ROSPA	Yes
Barista School Level 2	ROSPA	Yes
Responsible Service of Alcohol Ireland	ROSPA	Yes
Manual Handling	ROSPA	Yes
Restaurants Association of Ireland - Customer Se	rvice - ROSPA	Yes
Restaurant Association of Ireland Restaurant Indu	uction - ROSPA	Yes
Basic First Aid Awareness	ROSPA	Yes
Food Allergies	ROSPA	Yes
Kitchen Safety	ROSPA	Yes
GDPR Staff Awareness	ROSPA	Yes
Fire Safety	ROSPA	Yes
Hand Hygiene	ROSPA	Yes
Slips, Trips and Falls	ROSPA	Yes
Social Media Awareness	Transcend	Yes
Customer Service Management	AOFAQ	Yes
Communication Skills	AOFAQ	Yes
Dignity in the Workplace	AOFAQ	Yes
Managing Stress for Employees	Transcend	Yes
Managing Pregnancy in the Workplace	AOFAQ	Yes
Armed Robbery Awareness	AOFAQ	Yes









BEING THERE (MENTAL HEALTH)

	AWARDING BODY	MANDATORY FOR EMPLOYMENT
Being There - Module 1- The Art of Listening	Dr Derek Smyth	Yes
Being There - Module 2 - Core Qualities of Skilled Listener	Dr Derek Smyth	Yes
Being There - Module 3 Listening	Dr Derek Smyth	Yes
Being There - Module 4 The Five Pillars of a Caregiving		
Experience -	Dr Derek Smyth	Yes
Being There - Module 5 Culture's Role in Skilled Listening	Dr Derek Smyth	Yes
Being There - Module 6 Self-Esteem	Dr Derek Smyth	Yes
Being There - Module 7 Loss	Dr Derek Smyth	Yes
Being There - Module 8 Crisis Intervention	Dr Derek Smyth	Yes
Being There - Module 9 Self Care	Dr Derek Smyth	Yes
Mental Health Awareness	ROSPA	Yes
Kitchen Safety	AOFAQ	Yes

BUSINESS MANAGEMENT:

	AWARDING BODY	MANDATORY FOR EMPLOYMENT
Manager to Leader	ABE Endorsed	Yes
Understanding time management	ABE Endorsed	Yes
Communication techniques and application	ABE Endorsed	Yes
Building relationships	ABE Endorsed	Yes
Strategic decision making	ABE Endorsed	Yes
Leading people and leadership styles	ABE Endorsed	Yes
Managing people	ABE Endorsed	Yes
Operational management	ABE Endorsed	Yes
Project management	ABE Endorsed	Yes
Business finance	ABE Endorsed	Yes













	AWARDING BODY	MANDATORY FOR EMPLOYMENT
Business Administrator Introduction	ABE Endorsed	Yes
Report creation and making recommendations	ABE Endorsed	Yes
Decision making and problem solving	ABE Endorsed	Yes
Building and maintaining positive relationships	ABE Endorsed	Yes
Supporting your team, meetings and logistics	ABE Endorsed	Yes
Leading people	ABE Endorsed	Yes
Project life-cycle and management	ABE Endorsed	Yes
Understanding organisational purpose	ABE Endorsed	Yes
Policies Processes and Relevant Regulations	ABE Endorsed	Yes
Understanding the applicability of business principles	ABE Endorsed	Yes

CUSTOMER SERVICE

The state of the s	AWARDING BODY	MANDATORY FOR EMPLOYMENT
Understanding your Organization and Knowing your Customers	- ABE Endorsed	Yes
Meeting Regulations and Legislations	ABE Endorsed	Yes
Communication and Interpersonal Skills	ABE Endorsed	Yes
Roles and Responsibilities	ABE Endorsed	Yes
Product and Service Knowledge, Customer-focused		
Experience and Right First time	ABE Endorsed	Yes
Developing Self and being open to Feedback	ABE Endorsed	Yes
Systems and Resources	ABE Endorsed	Yes
Dealing with Customer Conflict, Challenges		
and Influencing People	ABE Endorsed	Yes
Team Work	ABE Endorsed	Yes









FITNESS

	AWARDING BODY	MANDATORY FOR EMPLOYMENT
The Skeletal System	Edufit	Yes
Joints	Edufit	Yes
The Muscle System	Edufit	Yes
The Nervous System	Edufit	Yes
The Circulatory System	Edufit	Yes
The Respiratory System	Edufit	Yes
The Energy Systems	Edufit	Yes
Principles of Exercise	Edufit	Yes
The Principles of Training	Edufit	Yes
Planning Gym Based Exercise Part 1	Edufit	Yes
Instructor: Planning Gym Based Exercise Part 2	Edufit	Yes
Warm Up Mobility and Cool Down	Edufit	Yes
Core Stability	Edufit	Yes
Motor Skills	Edufit	Yes
Flexibility	Edufit	Yes
Intro to Suspension Training Kettle bells Foam Ro	olling	
and Spotting	Edufit	Yes
Muscle Action Origin and Insertion	Edufit	Yes
Nutrition and Health Guidelines	Edufit	Yes
Influences on Food Habits	Edufit	Yes
Exercise Nutrition	Edufit	Yes
Exercise Intensity and Weight Loss	Edufit	Yes
Hand Hygiene	AOFAQ	Yes
Infection Control	NMBI	Yes













CONSTRUCTION

	AWARDING BODY	MANDATORY FOR EMPLOYMENT
Manual Handling	AOFAQ	Yes
Asbestos Awareness	ROSPA	Yes
Basic First Aid Awareness	ROSPA	Yes
Confined Spaces Awareness	ROSPA	Yes
COSHH	ROSPA	Yes
Environmental Awareness	ROSPA	Yes
Hand Protection Awareness	ROSPA	Yes
Ladder Safety Awareness	ROSPA	Yes
MEWPs Awareness	ROSPA	Yes
Signaller Slinger (Spotter)	ROSPA	Yes
Warehouse Safety	ROSPA	Yes
Working At Heights Awareness	ROSPA	Yes
Electrical Safety	ROSPA	Yes
Health and Safety	ROSPA	Yes
Hazardous Substances Awareness	ROSPA	Yes
Health and Safety for Managers	ROSPA	Yes
Slips, Trips & Falls Awareness	ROSPA	Yes
Fire Safety Awareness	ROSPA	Yes
Hand Hygiene	AOFAQ	Yes
Harness Safety : Fall Protection	AOFAQ	Yes
Eye Safety	ROSPA	Yes
Personal Protective Equipment Awareness	AOFAQ	Yes
Cyber Security Awareness	AOFAQ	Yes











	AWARDING BODY	MANDATORY FOR EMPLOYMENT
GDPR Staff Awareness	Insurance Institute of Irela	nd Yes
Risk Assessment Method Statements	ROSPA	Yes
Managing Stress for Employees	Transcend	Yes
Accident Reporting	ROSPA	Yes
Accident Investigation	ROSPA	Yes
Abrasive Wheels	ROSPA	Yes
CPR & AED Awareness	ROSPA	Yes
Signaller / Slinger Awareness	ROSPA	Yes
Safety, Health & Environment	ROSPA	Yes











OFFICE

	AWARDING BODY	MANDATORY FOR EMPLOYMENT
Autism Awareness	ASIAM	Yes
Cyber Security Awareness At Home	AOFAQ	Yes
GDPR Staff Awareness	Insurance Institute of Irelar	nd Yes
Fire Safety	ROSPA	Yes
VDU Workstation Ergonomics	ROSPA	Yes
Mental Health Awareness	AOFAQ	Yes
Office Employee Induction	AOFAQ	Yes
Infection Control	NMBI	Yes
Manual Handling	AOFAQ	Yes
Change Management	AOFAQ	Yes
Business Writing	ABE	Yes
Communication Skills	AOFAQ	Yes
Delegation Skills	AOFAQ	Yes
Dignity in the Workplace	AOFAQ	Yes
Computer ICT Health & Safety	AOFAQ	Yes
How to Conduct Effective Meetings	AOFAQ	Yes
Interviewing Skills	AOFAQ	Yes
Managing Stress for Employees	Transcend	Yes
Managing Under Pressure	AOFAQ	Yes
Managing Pregnancy in the Workplace	AOFAQ	Yes











	AWARDING BODY	MANDATORY FOR EMPLOYMENT
Time & Priority Management	Transcend	Yes
VDU Workstation Ergonomics	ROSPA	Yes
VDU Workstation Ergonomics	ROSPA	Yes
Anti-Bullying	AOFAQ	Yes
Attendance Management	Transcend	Yes
Dignity in the Workplace	AOFAQ	Yes
Influence Skills	AOFAQ	Yes
LinkedIn for Business	AOFAQ	Yes
Minute Taking for Meetings	ABE	Yes
Report Writing	ABE	Yes
Cyber for the Home	AOFAQ	Yes
GDPR Executive Board Course	AOFAQ	Yes
GDPR Marketing Course	AOFAQ	Yes
GDPR IT Course	AOFAQ	Yes
GDPR HR Course	AOFAQ	Yes
Cyber for Business UK	AOFAQ	Yes
Twitter for Business	AOFAQ	Yes
Project Management	ABE	Yes







Data Protection UK (GDPR Staff Awareness)

GDPR Staff Awareness (Insurance)

GDPR Staff Awareness (Finance)

GDPR Staff Awareness (Sports)

12 Steps to GDPR Compliance

GDPR Executive Board Course

GDPR Marketing Course

GDPR IT Course

GDPR HR Course

GDPR - Healthcare

Cyber for Business UK

Cyber for Business UK

Cyber for the Home

Cyber & GDPR Hospitality - Staff Version

Cyber & GDPR Hospitality - Managers Version

Cyber Security Training and Awareness (Business)

Whistleblower

Data Protection for the Health and Social Care Industry











Board Meeting and Presentation Skills

Influencing People Skills

How to Conduct Effective Meetings

Delegation Skills

Change Management

Report Writing

Project Management

Emotional Intelligence

Selling Through Customer Service

Negotiation Skills

Workplace Attendance Management Skills

Workplace Stress Management Skills

Social Media Awareness

Time and Priority Management

Solution Selling

Safeguarding, Prevention and British Values

Business Writing

Communication Skills

Delegation Skills

Dignity in the Workplace

Computer ICT Health & Safety











HEALTH & SAFETY

Manual Handling

Accident Reporting

Accident Investigation

Fire Safety

Confined Space Hazards

Control of Substance Hazardous to Health

Hand Protection

Working at Height

Slips, Trips and Falls

Environmental Awareness

Asbestos Awareness

Risk Assessment

Abrasive Wheels

Buried Services

Eye Safety

Fire Safety

Electrical Safety

Hand Protection

Ladder Safety Awareness

Personal Protective Equipment

Safety, Health & Environment

Warehouse Safety

Health and Safety for Managers

Abrasive Wheels











HEALTHCARE

First Aid

CPR and AED Awareness

Dementia Care

Communication in Dementia Care

Knowing the person with Dementia

Understanding and Managing Delirium

Understanding and Managing Distressed Behaviors that are Challenging

Palliative Care

Medication and the Resident with Dementia

Nutrition and Feeding in Care Homes

Infection Control

Safeguarding Against Abuse

HOSPITALITY

Responsible Service of Alcohol

HACCP Food Safety Levels 1 & 2

HACCP Food Safety L3

Food Allergies











FOOD MANUFACTURING

Food Passport

Food Safety, Hazards, Contamination & HACCP

Personal Hygiene and Cleaning

Food Pests, Infestation & Pest Controls

Health & Safety, Safety Signs and PPE

Manual Handling of Loads and Knife Skills & Safety

MENTAL HEALTH

Food Passport

Art of Listening

Core Qualities of Skilled Listener

Listening

The Five Pillars of a Caregiving Experience

The role of culture

Self Esteem

Loss

Crisis Intervention

Self Care











ENVIRONMENTAL

Environmental Awareness

Safety Health and Environment

COVID - 19

COVID-19 Back to Work Induction

COVID-19 Workplace Compliance Officer

COVID-19 Induction (Construction)

COVID-19 Compliance Officer (Construction)

FINANCE

SM&CR - Insurance)

Anti Money Laundering - Insurance

Anti-Bribery & Corruption

SECURITY

Armed Robbery Awareness

MANUFACTURING

Laboratory Safety











SALES, MARKETING **AND PROCUREMENT**

Customer Service Safety Health and Environment

Induction to Customer Service

Understanding your Organization and Knowing your Customers

Meeting Regulations and Legislations

Communication and Interpersonal Skills

Roles and Responsibilities

Product and Service Knowledge, Customer-focused Experience and Right First time

Developing Self and being open to Feedback

Systems and Resources

Dealing with Customer Conflict, Challenges and Influencing People

Team Work

HR SUPPORT

Understanding the structure of the business / organisation

HR Legislation and Policy

HR Function

HR Systems and Processes

Service Delivery within HR

Communication and Problem Solving Skills

Process improvement

Management of information within HR











OPERATIONS DEPARTMENTAL MANAGER

The Induction to Operational Manager

Self awareness

Self management

Communication

Building relationships

Decision making

Leading people

Managing people

Operational management

Project management

Finance

BUSINESS AND ADMIN

Business Administrator Introduction

Report creation and making recommendations

Decision making and problem solving

Building and maintaining positive relationships

Supporting your team, meetings and logistics

Leading people

Project life-cycle and management

Understanding organisational purpose

Policies, Processes and Relevant Regulations

Understanding the applicability of business principles













Recruitment Resources Courses

Introduction to Recruitment Resource

The Role of Recruitment Resource

Compliance - Legal, Regulatory and Ethical Requirements when Recruiting

Client Relationship Management Systems and Data Protection

Business Development - Sales Techniques and Processes

Consultancy - Identifying Client Needs and the Resourcing Plan

Candidate Sourcing - Using Research in the Recruitment Process

Candidate Management: Researching the Candidate

Candidate Sourcing - The Selection Process

Candidate Management - Building and Maintaining Relationships with Candidates

Customer Service

RECRUITMENT, RESEARCH AND ADMIN

Recruitment ConsultantIntroduction to Recruitment Consultant

The Recruitment Industry

The Roles and Responsibilities of a Recruitment Consultant

Legal, Regulatory and Ethical Requirements when Recruiting

Market Research and Analysing Competitor Activity

The Recruitment Sales Cycle and Techniques

Benefits of Productive Working Relationship

Financial Awareness

Client Recruiting Requirements and Attracting Candidates

Purposes and Benefits of Recruitment Networks

Candidate Assessment













LARGE GOODS VEHICLE

Large Goods (LGV) Driver

Structure of the Industry

Awareness of Role

Protection of the Driver

Drivers First Aid

Safe Use of Equipment

Building Relationships

Drivers Hours

Preparation of a vehicle

Planning of Delivery

Safe Loading

Safe and Efficient Driving

Returned Goods

Using Technology

EVENTS ASSISTANT

Communication and Importance of Feedback

Communication Skills & Strategy

Building Relationships and Interpersonal Skills

Prioritise and Time Management Techniques

Decision Making & Problem Solving

Managing and Leading People

Operations Management

Project Management

Planning and Organisation

Case Study on Golf Day











Awareness of Sector and own Role

Health & Safety.

Safe use of equipment and machinery

Managing Waste and use packing material effectively

Using IT systems and processes within the Warehouse Environment

Legislation and Regulation within the supply chain industry

Handling Stock, Stock Management

Building & Working Relationships in Sector

Customer expectations and organizational performance

Effect of role on health and maintaining fitness







28 MC2 Courses

BUSINESS AND ADMINISTRATION

Board Meeting and Presentation Skills

Business Administrator - Building and maintaining positive relationships

Business Administrator - Decision making and

Problem solving

Business Administrator - Project life-cycle and

Management

Business Administrator - Report creation and making recommendations

Business Administrator - Understanding the applicability of business principles

Business Writing

Change Management

Communication Skills

Customer Service Management - Ireland

Customer Service Practitioner - Self development

Customer Service Practitioner - Teamwork and knowledge sharing

Cyber Security Awareness for Business

Dignity in the Workplace

Discipline

Emotional Intelligence

Ethics in Business

GDPR HR Professionals - UK

How to Conduct Effective Meetings

Individual Development Planning

Influencing People Skills













Interviewing Skills

Manager to Leader Introduction

Manager to Leader - Understanding time management

Manager to Leader - Communication techniques and application

Manager to Leader - Building relationships

Manager to Leader - Strategic decision making

Delegation Skills

Data Protection Awareness - UK

Stress Management for Employees

VDU Workstation Ergonomics - Ireland

COVID-19 Compliance Officer - UK

COVID-19 Back to Work Induction - UK

Manager to Leader - Leading people and leadership styles

Manager to Leader - Managing people

Manager to Leader - Operational management

Manager to Leader - Project management

Manager to Leader - Business finance

Managing Under Pressure

Minute Taking

Negotiation Skills

Project Management

Report Writing

Selling Through Customer Service

Solution Selling

Time and Priority Management

VDU Workstation Ergonomics

Attendance Management Skills

COVID-19 Compliance Officer - Ireland

COVID-19 Back to Work Induction - Ireland











CARE SERVICES, EDUCATION AND CHILDCARE

Communication in Dementia Care

Knowing the person with Dementia

Understanding and Managing Delirium

Understanding and Managing Distressed

Behaviour that are Challenging

Anti Bullying in the Workplace

Armed Robbery Awareness - Ireland

Business Administrator - Decision making and problem solving

Club Running and Safeguarding Children in Sport

Communication Skills

CPR and AED Awareness

Customer Service Practitioner - Communication and interpersonal skills

Customer Service Practitioner - Dealing with customer conflicts and influencing people

Discipline

Time and Priority Management

Emotional Intelligence

Environmental Awareness - ROSPA

First Aid - ROSPA

First Aid for Sports Events

Food Allergies - ROSPA

Health and Safety Induction for Childcare workers - Ireland

How to Conduct Effective Meetings

Influencing People Skills

Manager to Leader - Managing people













CARE SERVICES, **EDUCATION AND CHILDCARE**

Managing Under Pressure

Social Media Awareness

Stress Management for Employees

Dignity in the Workplace

Delegation Skills

MC2 Courses

Being There- Art of Listening

Being There - Core Qualities of Skilled

Listener

Being There - Listening

Being There - The Five Pillars of a Caregiving

Experience

Being There - The role of culture

Being There - Self Esteem

Being There - Loss

Being There - Crisis Intervention

Being There - Self Care

COVID-19 Back to Work Induction - Ireland

COVID-19 Compliance Officer - Ireland

COVID-19 Compliance Officer - UK

COVID-19 Back to Work Induction - UK

Armed Robbery Awareness

Infection Control









MC2 Courses

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Manual Handling

Food Allergies - ROSPA

Health and Safety for Managers - ROSPA

HACCP Food Safety L2

HACCP Food Safety Level 3

Customer Service Management - Ireland

Dublin Barista School Barista Level 1 - Ireland

Dublin Barista School Barista Level 2 - Ireland

Environmental Waste Management - Ireland

Responsible Service of Alcohol

Personal Trainer - Nutrition and Health

Guidelines

Fire Safety - ROSPA

Accident Reporting - ROSPA

Communication Skills

Preventing Slips Trips and Falls

CPR and AED Awareness

Customer Service Practitioner - Product and service knowledge

HACCP Food Safety Level 1 - Ireland

Essential Bar Training

Essential Catering

Essential Customer Service

Essential Health and Safety

Essential Hospitality











CATERING AND HOSPITALITY

Award in Responsible Alcohol Retailing Level 1

Licensing - UK

T in the Park Licensing Training

Scottish Certificate for Licensed Premises Staff Part 1

Scottish Certificate for Licensed Premises Staff Part 2

Scottish Certificate for Licensed Premises Staff Part 3

Scottish Certificate for Personal Licence

Holders Part 1

Scottish Certificate for Personal Licence

Holders Part 2

Scottish Certificate for Personal Licence

Holders Part 3

Cyber Security and Data Protection in the Hospitality Industry - Frontline Employees - UK

Cyber Security and Data Protection in the Hospitality Industry - Managers - UK

Manual Handling - Ireland











Delegation Skills

Report Writing

Emotional Intelligence

Negotiation Skills

Stress Management for Employees

Time and Priority Management

Fire Safety - Ireland - ROSPA

Preventing Slips Trips and Falls

PPE for Construction

Manual Handling

Managing Under Pressure

First Aid - ROSPA

Fire Safety - ROSPA

Dignity in the Workplace

Control of Substance Hazardous to

Health ROSPA

Accident Reporting - ROSPA

Accident Investigation

Confined Space Hazards

Hand Protection - ROSPA

Working at Height

Asbestos Awareness

Safety Health and Environment - ROSPA

Eye Safety - ROSPA

Electrical Safety - ROSPA













Abrasive Wheels

Buried Services - ROSPA

MEWPS - Ireland - ROSPA

Project Supervisor for the Construction Stage - Ireland

Safe Chemical Handling

COVID-19 Compliance Officer - Construction- Ireland

COVID-19 Induction - Construction - Ireland

COVID-19 Induction - Construction - UK

COVID-19 Compliance Officer - Construction - UK

Risk Assessment and Method Statements - UK

Health and Safety for Managers - UK - ROSPA

Signaller/Slinger Awareness - Ireland - ROSPA

Ladder Safety Awareness - UK - ROSPA

Construction Design and Management - CDM -Regulation 2015 - UK

Project Supervisor Design Process - PSDP

Environmental Awareness - ROSPA

Environmental Health-Ireland

Environmental Waste Management - Ireland

Manual Handling - Ireland











CREATIVE DESIGN AND DIGITAL

Armed Robbery Awareness

Business Administrator - Building and maintaining positive relationships

Business Administrator - Report creation and making recommendations

Communication Skills

Computer ICT Health and Safety - Ireland

Customer Service Management - Ireland

Customer Service Practitioner - Dealing with customer conflicts and influencing people

Customer Service Practitioner - Product and service knowledge

Customer Service Practitioner - Roles and responsibilities

Customer Service Practitioner - Teamwork and knowledge sharing

Cyber Security and Data Protection in the Hospitality Industry - Managers - UK

Cyber Security and Data Protection in the Hospitality Industry - Frontline Employees - UK

Cyber Security Awareness for Business

Cyber Security Awareness at Home

Data Protection Awareness - UK











CREATIVE DESIGN AND DIGITAL

Eye Safety - ROSPA

GDPR Information Technology - UK

Data Protection for Marketing Professionals -UK

LinkedIn for Business - International

Manager to Leader - Operational management

Manager to Leader - Project management

Manager to Leader - Strategic decision making

Selling Through Customer Service

Social Media Awareness

Time and Priority Management

VDU Workstation Ergonomics

Customer Service Practitioner - Product and service knowledge

COVID-19 Compliance Officer - Ireland

COVID-19 Back to Work Induction - Ireland

COVID-19 Compliance Officer - UK

COVID-19 Back to Work Induction - UK

Introduction to BIM - UK

Armed Robbery Awareness - Ireland

VDU Workstation Ergonomics - Ireland













Accident Investigation

Accident Reporting - ROSPA

Anti Bullying in the Workplace

Communication Skills

COVID-19 Back to Work Induction - Ireland

COVID-19 Back to Work Induction - UK

COVID-19 Compliance Officer - Ireland

COVID-19 Compliance Officer - UK

Data Protection Awareness - UK

Dignity in the Workplace

Discipline

Eye Safety - ROSPA

Food Allergies - ROSPA

HACCP Food Safety Levels 1 - Ireland

HACCP Food Safety L2

HACCP Food Safety Level 3

Hand Protection - UK - ROSPA

Infection Control

Laboratory Safety - International - ROSPA

Managing Pregnancy in the Workplace - International - ROSPA

Manual Handling - Ireland

Manual Handling

Preventing Slips Trips and Falls

Safety Health and Environment - ROSPA

Warehouse Safety - ROSPA

Warehouse Safety - ROSPA











Event Assistant - Communication & Importance of Feedback

Event Assistant - Communication Skills & Strategy

Event Assistant - Building Relationships & Interpersonal Skills

Event Assistant - Prioritising & Time Management Techniques

Event Assistant - Decision-making & Problem Solving

Event Assistant - Managing and Leading People

Event Assistant - Operations Management

Event Assistant - Project Management

Event Assistant - Planning and Organisation

ENVIRONMENTAL

Environmental Awareness (ROSPA)

Environmental Health (Ireland)

Environmental Waste Management (Ireland)











Anti Money Laundering - Insurance - UK

Anti Bribery and Corruption

Business Administrator - Report creation and making recommendations

COVID-19 Back to Work Induction - UK

COVID-19 Compliance Officer - UK

Cyber Security Awareness for Business

Data Protection Awareness - UK

GDPR HR Professionals - UK

Manager to Leader - Business finance

Senior Manager and Certification Regime - SMCR - Insurance - UK

Whistleblower Training Course

COVID-19 Compliance Officer - Ireland

COVID-19 Back to Work Induction - Ireland

Ethics in Business











HEALTH AND SCIENCE

Gym Instructor - The Skeletal System

Gym Instructor - Joints

Gym Instructor - The Energy Systems

Gym Instructor - The Muscle System

Gym Instructor - The Nervous System

Gym Instructor - Circulatory System

Gym Instructor - The Respiratory System

Gym Instructor - Principles of Exercise

Gym Instructor - Principles of Training

Gym Instructor - Reasons for Exercising and Goal Setting

Gym Instructor - Barriers to Exercise

Gym Instructor - Customer Care

Gym Instructor - Supporting Clients

Gym Instructor - Importance of Healthy Eating

Gym Instructor - Health and Safety

Gym Instructor - Gym Inductions

Gym Instructor - Planning Gym Based Exercise Part 1

Gym Instructor - Planning Gym Based Exercise Part 2

Gym Instructor - Warm Up, Mobility and Cool Down

Gym Instructor - Flexibility

Gym Instructor - Core Stability

Gym Instructor - Intro to Suspension Training, Spotting, Foam Rolling and Kettlebells

Gym Instructor - Instructing gym based exercise











Gym Instructor - Closing sessions

Personal Trainer - The Skeletal System 2

Personal Trainer - The Muscle System 2

Personal Trainer - The Cardiovascular System

Personal Trainer - The Respiratory System 2

Personal Trainer - The Energy Systems 2

Personal Trainer - The Nervous and Endocrine System

Personal Trainer - The Lymphatic System

Personal Trainer - Core

Personal Trainer - Muscle Action Origin and Insertion

Personal Trainer - Nutrition and Health Guidelines

Personal Trainer - Exercise Nutrition

Personal Trainer - Influences on Food Habits

Personal Trainer - Consultations and Action

Planning

Personal Trainer - Lifestyle Analysis

Personal Trainer - Testing

Personal Trainer - Motor Skills

Personal Trainer - Programming Personal Training Sessions

Personal Trainer - Programme Design for CV Training

Personal Trainer - Exercise Intensity and Weight Loss

Personal Trainer - Cardiovascular Training Systems

Personal Trainer - Strength and Power













HEALTH AND SCIENCE

Personal Trainer - Programme Design for Resistance Training

Personal Trainer - Resistance Training Systems

Personal Trainer - Periodisation

Personal Trainer - Strength and Conditioning

Personal Trainer - Exercising outside the Gym

Personal Trainer - Delivering Personal Training Sessions

Personal Trainer - Evaluating Sessions

Discipline

Dignity in the Workplace (International)

Anti Bullying (International)

Accident Reporting (UK) (ROSPA)

Managing Under Pressure

Manual Handling (UK)

Workplace Stress Management Skills

Preventing Slips Trips and Falls (UK) (ROSPA)

First Aid for Sports Event

CPR and AED Awareness

Hand Protection (UK) (ROSPA)

Communication Skills (International)

Club Running and Safeguarding Children in Sport

Manual Handling (Ireland)

Covid-19 Back to Work Induction Ireland

COVID-19 Compliance Officer (Ireland)

COVID-19 Induction (Construction) (UK)

COVID-19 Compliance Officer (UK)

COVID-19 Back to Work Induction (UK)

Social Media Awareness













Anti Money Laundering - Insurance - UK

Anti Bribery and Corruption

Business Administrator - Report creation and making recommendations

COVID-19 Back to Work Induction - UK

COVID-19 Compliance Officer - UK

Cyber Security Awareness for Business

Data Protection Awareness - UK

Ethics in Business

GDPR HR Professionals - UK

Manager to Leader - Business finance

Senior Manager and Certification Regime - SMCR - Insurance - UK

Whistleblower Training Course

COVID-19 Compliance Officer - Ireland

COVID-19 Back to Work Induction - Ireland











PROTECTIVE SERVICES

Manual Handling

Managing Under Pressure

Discipline

Dignity in the Workplace

Anti Bullying in the Workplace

Accident Reporting - ROSPA

Accident Investigation

Armed Robbery Awareness

Fire Safety - ROSPA

Electrical Safety - ROSPA

COVID-19 Back to Work Induction - UK

COVID-19 Compliance Officer - UK

Manual Handling - Ireland

Armed Robbery Awareness - Ireland

COVID-19 Compliance Officer - Ireland

COVID-19 Back to Work Induction - Ireland









SALES AND MARKETING

Communication Skills

Customer Service Management - Ireland

Customer Service Practitioner -

Communication and interpersonal skills

Customer Service Practitioner - Dealing with customer conflicts and influencing people

Customer Service Practitioner - Product and service knowledge

Customer Service Practitioner - Roles and responsibilities

Customer Service Practitioner - Self development

Customer Service Practitioner - Systems and resources

Customer Service Practitioner - Teamwork and knowledge sharing

Customer Service Practitioner - Understanding your organisation

Time and Priority Management

Essential Customer Service

Data Protection for Marketing Professionals - UK

LinkedIn for Business - International

Manager to Leader - Building relationships

Manager to Leader - Communication techniques and application

Manager to Leader - Leading people and leadership styles

Manager to Leader - Managing people

Manager to Leader - Operational management

Manager to Leader - Project management

Manager to Leader - Strategic decision making

Manager to Leader - Understanding time management

Negotiation Skills

Selling Through Customer Service

Social Media Awareness











SALES AND MARKETING

Solution Selling

VDU Workstation Ergonomics

VDU Workstation Ergonomics - Ireland

COVID-19 Compliance Officer - Ireland

COVID-19 Back to Work Induction - Ireland

COVID-19 Compliance Officer - UK

COVID-19 Back to Work Induction - UK

TRANSPORT AND LOGISTICS

Abrasive Wheels

Accident Investigation

Accident Reporting ROSPA

Confined Space Hazards

COVID-19 Compliance Officer - Construction - UK

COVID-19 Induction - Construction - UK

Dignity in the Workplace

Discipline

Eye Safety - ROSPA

Fire Safety - ROSPA

Hand Protection - ROSPA

Ladder Safety Awareness - ROSPA

Large Goods Vehicle - Structure of the Industry

Large Goods Vehicle - Awareness of Role

Large Goods Vehicle - Protection of the driver, vehicle and load

Large Goods Vehicle - Drivers First Aid











TRANSPORT AND LOGISTICS

Large Goods Vehicle - Safe Use of Equipment

Large Goods Vehicle - Building Relationships

Large Goods Vehicle - Driver's Hours

Large Goods Vehicle - Preparation of a vehicle

Large Goods Vehicle - Planning of Delivery

Large Goods Vehicle - Safe and Efficient Driving

Large Goods Vehicle - Returned Goods

Large Goods Vehicle - Using Technology

Large Goods Vehicle - Using Technology

Manual Handling

Preventing Slips Trips and Falls

Warehouse Safety - ROSPA

Working at Height - UK

COVID-19 Compliance Officer - Ireland

COVID-19 Back to Work Induction - Ireland

COVID-19 Compliance Officer - UK

COVID-19 Back to Work Induction - UK











COMING SOON

LEVEL 4 STRENGTH AND CONDITIONING SERIES

Strength & Conditioning - Biomechanical

Considerations of Sport Specific Strength and Conditioning

Strength & Conditioning - Sports Specific Movements for Strength and Conditioning

Strength & Conditioning - Hypertrophy

Strength & Conditioning - Strength

Strength & Conditioning - Energy System Development (ESD)

Strength & Conditioning - Nervous System

Strength & Conditioning - Health Related Components of Fitness

Strength & Conditioning - Plyometric

Strength & Conditioning - Effects and Indicators of Overtraining

Strength & Conditioning - Functional Athletic Screening

Strength & Conditioning - Profiling Athletes

Strength & Conditioning - Principles of Training

Strength & Conditioning - Periodisation

Strength & Conditioning - Sport Specific Warm- ups And Cool Downs

Strength & Conditioning - Specific Phases of a Periodisation

Strength & Conditioning - Understand the Role of Nutrition within

Strength and Conditioning













FOOD SAFETY SERIES

Food Safety - Introduction

Food Safety - Contamination

Food Safety - Bacteria

Food Safety - Prevention

Food Safety - Hazard Analysis

Food Safety - Personal Hygiene

Food Safety - Pest and Waste Control

Food Safety - Cleaning

Food Safety - Promises and Equipment

Food Safety - Summary

HEALTH AND SAFETY

GHS Classification

Health and Safety for Directors

Health and Safety for Cleaners

Lone Working - Managers

Lone Working - Employees

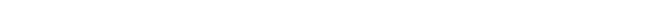
Noise Awareness

Spill Prevention and Control

Lockout and Tagout

Legionella Awareness









COMING SOON

RECRUITMENT RESOURCER SERIES

Recruitment Resourcer - Induction

Recruitment Resourcer - The Role of Recruitment Resourcer

Recruitment Resourcer - Compliance - Legal, Regulatory and Ethical Requirements when Recruiting

Recruitment Resourcer - Client Relationship Management Systems and Data Protection

Recruitment Resourcer - Business Development - Sales Techniques and Processes

Recruitment Resourcer - Consultancy - Identifying Client Needs and the Resourcing Plan

Recruitment Resourcer - Candidate Sourcing - Using Research in the Recruitment Process

Recruitment Resourcer - Candidate Management: Researching the Candidate

Recruitment Resourcer - Candidate Sourcing - The Selection Process

Recruitment Resourcer - Candidate Management - Building and Maintaining Relationships with Candidates

Recruitment Resourcer - Customer Service

OPERATIONS DEPARTMENTAL MANAGER SERIES

Operations Departmental Manager - The Induction

Operations Departmental Manager - Self Awareness

Operations Departmental Manager - Self Management

Operations Departmental Manager - Communication

Operations Departmental Manager - Building Relationships

Operations Departmental Manager - Decision Making

Operations Departmental Manager - Leading People

Operations Departmental Manager - Managing People

Operations Departmental Manager - Operational Management

Operations Departmental Manager - Project Management

Operations Departmental Manager - Finance













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STEPHEN DOYLE

CHIEF EXECUTIVE OFFICER

Stephen brings over thirty years of training experience to the organisation from Corporate to Government and everything in between. Stephen has served with distinction in the Defence Forces as an instructor for 23 years from 1989 to 2012 in both operational and training environments, here and overseas. He has conducted eight operational tours serving with UNIFIL in the Middle East and NATO forces in Kosovo.

Since 2013 Experience includes working for various organizations and firms in Europe and the Middle East in a broad spectrum of safety & security services specializing in Close Protection, risk mitigation and management systems implementation as well as the training of NGO & HNW personnel in HEAT (Hostile Environment Operations) Health & Safety, Emergency First Aid, Situational Awareness & Personal Protection through his company safety and security solutions.

He is a graduate of the Military College where he served on staff with the Cadet School and UN training School.

He is also a graduate of Andrews University, Templemore College and the Security Institute Ireland in international terrorism and advanced security studies.

He is a practising EMT with the order of Malta and private medical ambulance services.

He is a Member of the Security Institute Ireland (MSECII) and American Society for Industrial Security (ASIS)

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